



Sample Weekly Events Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|--|--|
| <p>8:30 Exercise & Stretch</p> <p>10:00 Religious Services</p> <p>11:15 Patio Pleasures</p> <p>2:30 Cinema</p> <p>4:15 Personal Social Visits</p> <p>8:15 The Great Musicals</p> | <p>9:00 Wake & Shake</p> <p>10:00 Horticulture Club</p> <p>11:30 Sit & Stretch</p> <p>12:15 Personal Social Visits</p> <p>2:30 Bingo</p> <p>3:45 Wii Play</p> <p>4:30 Horseshoes</p> <p>6:45 Pokeno</p> | <p>9:00 Stretch & Bend</p> <p>11:00 Arts & Crafts</p> <p>2:30 Book Fair</p> <p>4:30 Basketball</p> <p>6:45 Card Club</p> <p>7:30 Fashion Show</p> | <p>9:00 Seniorcise</p> <p>11:30 Once in a Blue Moon</p> <p>2:30 Dance to the music</p> <p>4:30 Sing a long</p> <p>6:30 Bowling</p> <p>7:45 Movie</p> | <p>9:00 Wake & Shake</p> <p>11:00 Current Events</p> <p>2:30 Live Entertainer/ Music</p> <p>4:30 who am I</p> <p>6:45 Dice Game</p> | <p>9:00 Seniorcise</p> <p>10:30 Strike up the band</p> <p>2:30 Yoga</p> <p>2:30 Birthday Bash</p> <p>4:00 Happy Hour</p> <p>6:00 Bunco</p> | <p>9:00 Coffee and donuts</p> <p>11:00 Cookie making</p> <p>2:30 Stories from the attic</p> <p>3:45 Chair dancing through the decades</p> <p>7:00 Western Theater</p> |